

# South West Allergy Forum

## Allergy, Asthma, & Immunology

Southwest Allergy Forum Combined Meeting of SWAF, EAC & TAAIS

January 14 - 18, 2004, Fiesta Americana in Puerto Vallarta, Mexico

### 2004 Meeting Overview

TO: Allergists and Allergy Physician Assistants,  
Nurse Practitioners, Allied Health Professionals  
and Asthma Educators

Plan now to join us for Sun, Sea, and CME in warm and sunny Puerto Vallarta, Mexico January 14-18, 2004, at the beautiful Fiesta Americana Puerto Vallarta, located right on the Pacific Ocean. While enjoying a relaxing tropical get-a-way you can attend the combined meeting of the Southwest Allergy Forum (SWAF), the Eastern Allergy Conference (EAC) and the Texas Allergy, Asthma, and Immunology Society (TAAIS) on Allergy, Asthma, and Immunology; all while earning 17.25 CME hours and 20.7 CE credit hours.

The Fiesta Americana Puerto Vallarta is located right on the Pacific Ocean and all rooms have balconies with Ocean, Beach, Sunset and Pool views. Rates are \$153 single or \$166 double including a humongous breakfast buffet. This same rate can be extended for three days before or after depending upon availability. This is truly a beautiful meeting facility and is within easy walking distance of downtown Vallarta.

The program has been accredited by the American Academy of Allergy, Asthma and Immunology for 15 CME hours and 19.8 CE hours and features both Clinical and Scientific topics in Lecture and Forum formats. Details of the Program, the Meeting, Hotel reservations and Air transportation will soon be mailed and faxed to all Allergists in the U. S., Canada and Mexico. Call Dr. A. H. Redmon, Jr., at 713-723-3796 or Ginny Loiselle at 401-331-2510 for further information as this program is developed. For Puerto Vallarta information, check out [www.visitpuertovallarta.com](http://www.visitpuertovallarta.com).

So, join us in January 2004 in fascinating Puerto Vallarta at the Fiesta Americana for another outstanding Regional CME and CEU meeting.

### 2004 Program

Wednesday, January 14

REGISTRATION BEGINS IN MEETING AREA LOBBY

PRE-CONFERENCE SYMPOSIUM: Chronic Idiopathic Urticaria

*Arranged through A. & A. Proceedings and Funded through an Unrestricted Educational Grant from Aventis Pharmaceuticals*

*Introduction and Welcome: Russell Settignano, M. D.*

*Moderator: Ernest M. Charlesworth, M. D.*

5:00 - 5:35 When Chronic Urticaria Isn't Idiopathic, Systemic Illnesses Presenting as Hives

*Ernest M. Charlesworth, M. D.*

5:35 - 6:10 Approach to Therapy: What to do When Benadryl Isn't Enough

*Stephen A. Tilles, M.D.*

6:10 - 6:45 The Challenge of Urticaria in Children

6:45 - 7:00 Panel Discussion with Q & A

7:00 - 9:00 Welcome Reception

RESEARCH ABSTRACTS:

*Poster sessions during Registration on Wednesday from 3:00 - 5:00pm, during the Welcome Reception from 7:00 - 9:00pm and daily Thursday through Saturday mornings.*

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Thursday, January 15

SOUTHWEST ALLERGY FORUM SECTION

*Moderator: Kurt Peters, M. D., President, Allergy & Asthma Associates, Houston, Texas*

8:15 - 8:30 Introduction and Welcome

*A. H. Redmon, Jr., MD, Exec. Dir. SWAF*

8:30 - 9:10 Black Mold Update and its Impact on Homeowner's Insurance

*Ernest N. Charlesworth, M. D.*

9:10 - 9:50 New Insights into Allergic Bronchopulmonary Aspergillosis (ABPA)

*Raymond Slavin, M. D.*

9:50 - 10:30 Reactions to Stinging and Biting Insects

*Jeff Demain, M. D.*

10:30 - 11:00 Coffee Break - Visit Exhibitors

11:00 - 11:40 Medical-Legal Considerations in the Practice of Allergy: Lessons Learned from an Immunotherapy Fatality

*Jeffrey Hallett, M. D.*

11:40 - 12:30 Anaphylaxis By Any Cause Is Still Anaphylaxis and is Still an Emergency: Unusual Causes, Serious Complications and Management

*John O'Loughlin, M.D. and Donald Fournier, M. D.*

*(Supported by an Unrestricted Educational Grant from Hollister-Stier)*

12:30 - 12:45 Panel Discussion with Q & A.

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Friday, January 16

TEXAS ALLERGY, ASTHMA AND IMMUNOLOGY SOCIETY SECTION

*Moderator: William A. Fawcett, IV, M.D., President of TAAIS*

8:10 - 8:50 The Allergy-Asthma Connection: Immunologic Basis for the Allergic March.

*Michael S. Blaiss, M. D.*

8:50 - 9:30 Everything You Wanted to Know About Anti-IGE, But Were Afraid to Ask.

*Andrew H. Liu, M. D.*

9:30 - 10:10 Ear, Nose and Throat Associated Headaches and Pains and the Mayo Clinic Rx for Sinusitis.  
*David Huchton, M. D.*

10:10 - 10:30 Panel Discussion with Q & A.

10:30 - 11:00 Coffee Break. Visit Exhibits.

INTERACTIONS OF YOUR NATIONAL ALLERGY ORGANIZATIONS (AAAAI, ACAAI, JCAAI) WITH YOUR REGIONAL, STATE AND LOCAL ALLERGY ORGANIZATIONS AND YOUR ALLERGY OFFICE.

11:00 - 11:30 Informal Discussion on the Joint Meeting of the Directors of AAAAI & ACAAI  
*Doctors Richard Honsinger, Ernest Charlesworth and Michael Blaiss*

11:30 - 12:10 Standardization of Antigen Extracts, Skin Testing and Immunotherapy (Funded by the AAAAI)  
*Linda Cox, M. D.*

Lunch presentations

12:10 - 1:10 Complying with Federal Guidelines. (One hour Ethics CME.)  
*Richard Honsinger, M. D.*

1:10 - 1:40 Maximizing the Effectiveness of Mid-Level Providers in an Allergy Practice  
*Christine Wagner, MSN, RN, CPNP, AE-C*

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Saturday, January 17  
EASTERN ALLERGY CONFERENCE SECTION  
*Moderator: John O'Loughlin, M. D.*

8:30 - 9:10 Are ADHD and Chronic Fatigue Syndrome Allergy-Related? And What is Fibromyalgia?  
*Joe Bellanti, M. D.*

9:10 - 9:50 IVIG, Indications For, Administration Of and Possible Complications After.  
*Mary Paul, M. D.*

9:50 - 10:30 Atopic Eczema, Topical and/or Immunotherapy Rx.  
*Stephen D. Tilles, M. D.*

10:30 - 11:00 Coffee Break. Visit Exhibitors

11:00 - 11:40 Differential Diagnosis of Conjunctivitis or What Makes Eyes Red and Itch.  
*Robert D. Gross, MBA, M.D., FAAP*  
*(Supported by an Unrestricted Educational Grant from Alcon)*

11:40 - 12:10 O.K., So Just Where Are We Now in Vaccinations, Bioterrorism and Monkey Pox?  
*Renata J. M.Engler, M. D.*

12-10 - 12:30 Panel Discussion. Q. & A.

12-30 - 1:30 Nurse Roundtable, Nursing Perspectives.  
*Christine Wagner, MSN, RN, CPNP, AE-C*

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Sunday, January 18

POST-CONFERENCE SYMPOSIUM: MANAGEMENT OF ASTHMA

*Arranged through Allergy & Asthma Proceedings and Funded through an Unrestricted Educational Grant from Aventis Pharmaceuticals*

8:30 - 9:00 Management of Allergy and Asthma in Infants and Children, What's Approved and What's Not  
*Andrew Liu, M. D.*

9:00 - 9:30 Asthma in the Elderly: Underdiagnosed, Undertreated and Underappreciated  
*Raymond Slavin, M. D.*

9:30 - 10:00 Management of Asthma in Pregnancy  
*Michael Blaiss, M. D.*

10:00 - 10:30 Panel Discussion with Q & A

10:30 Adjourn. Adios Hasta 2005!

## 2004 CME & CE Credits

CME & CE Accreditation

### CME

#### *Accreditation Statement*

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint-sponsorship of the American Academy of Allergy, Asthma and Immunology (AAAAI) and Southwest Allergy Forum/Eastern Allergy Conference/Texas Allergy, Asthma and Immunology Society. The AAAAI is accredited by the ACCME to provide continuing medical education for physicians.

#### *Designation Statement*

The AAAAI designates this educational activity for a maximum of 17.25 credits towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit he/she actually spends in the activity.

### CE

#### *Accreditation Statement*

The American Academy of Allergy, Asthma and Immunology (AAAAI) is a provider approved by the California Board of Registered Nursing, Provider #10704, for up to 20.7 Contact Hours.

### Target Audience and Educational Objective

Target audience includes Allergists, Allergy Physician Assistants, Nurse Practitioners, Asthma Educators, Allied Health Professionals, and others who treat patients with Allergy-Related Diseases. After completion of the program, participants will be updated on Management of Asthma and Urticaria, Importance and Management of Anaphylaxis, Atopic Eczema, IVIG Administration, anti IGE, and other topics relating to Allergic Diseases.

## 2004 Report

Report on the Combined Meeting on  
Allergy, Asthma and Immunology  
Puerto Vallarta, January 2004

Puerto Vallarta was again the site of another outstanding meeting combining the Southwest Allergy Forum, the Eastern Allergy Conference and the Texas Allergy, Asthma and Immunology Society and jointly sponsored by the American Academy of Allergy, Asthma, and Immunology. The Program was accredited by the Academy for 17.25 CME and 20.7 CE credits. The Meeting was supported by Unrestricted Educational Grants from 27 Companies including 17 Exhibit Booths.

The CME/CE Program was a mix of important topics for Allergists, Allergy P.A.s, Nurse Practitioners and Asthma Educators presented by an outstanding Faculty. It began with an Aventis funded Pre-Conference Symposium, "Chronic Idiopathic Urticaria", an in depth review of Urticaria. Dr. Jeffrey Hallett's talk, "Medical-Legal Considerations in the Practice of Allergy: Lessons Learned from an Immunotherapy Fatality", was an eye-opener. This was followed by a timely discussion of "Anaphylaxis" by Drs. John O'Loughlin and Don Fournier. "Everything You Wanted to Know About Anti-IGE" by Dr. Andy Liu was a complete update on Anti-IGE. "Are ADHD and Chronic Fatigue Syndrome Allergy-Related? And What is Fibromyalgia" by Dr. Joe Bellanti was a landmark talk correlating these three conditions under a single but still complicated etiology. The Post-Conference Symposium, "Management of Asthma in Specific Patient Populations" co-funded by Aventis and ALTANA Pharma, was a complete review of Asthma Management in Children, Seniors and during Pregnancy.

There were 156 registrants. This included 126 Physicians, 25 Nurses and 5 PA's. Attendees voted unanimously to return to Puerto Vallarta again in 2005.

The Fiesta Americana Puerto Vallarta was a great location. One could easily and safely walk in downtown Puerto Vallarta proving it to be the "World's Friendliest City". The Fiesta staff was extremely courteous and friendly creating a pleasant and hospitable atmosphere. There was a feeling of togetherness as everyone, Attendees, Faculty, Exhibitors and Guests could meet, mingle and visit while enjoying a "humongous" buffet Breakfast or Lunch or relaxing in one of the Palapas on the beach or poolside. The Kiddie House and Kiddie Pool were very popular with both kids and parents. The weather was a bit cool and rainy at first but became warm and sunny as expected.

So, mark your calendar for January 12-16, 2005, and join us at The Combined Meeting on Allergy, Asthma, and Immunology in Warm and Sunny Puerto Vallarta.

## 2004 Sponsors & Donors

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